

Dear Willard South Families,

We are kicking off our Leader in Me introduction with the first Habit- Being Proactive! In the first story of The 7 Habits of Happy Kids, students learned about Sammy Squirrel. Sammy's story is called "Bored, Bored, Bored" because Sammy is bored and relying on others to find something fun for himself to do. At the end of the story, Sammy realized that *he* is in charge of himself, his choices, and his actions. He decides what he can do, he takes charge, and and he makes his own fun! In addition to being in charge, Habit 1- Be Proactive, is about making choices. You can choose your mood and what kind of weather you will have. You can have a sunny happy day, or a sad crummy day. The choice is yours!

Habit 1- Be Proactive is also about taking responsibility for your own actions and attitudes. South students learned about the Stop, Think, Go method for making choices, similar to a stoplight.

Stop!- stop to cool down

Think!- think about what you are doing and the different choices you have, choose the most proactive one.

Go!- Act on the best choice, proactive choice

During announcements, students were given this scenario to talk about: You are in the hallway going to recess. Your friend in front of you in line is goofing off in line down the hallway. I really want to do what they are doing. What would be the proactive choice?

To make a connection between using the 7 Habits at home and at school, please talk about the scenario with your student tonight. Discuss what they would do using Stop, Think, Go.

Encourage your student to be proactive at home! Remember, I am in control, I can make my own choices, and be responsible for my choices. Thank you so much for your support from home and for fostering the leader in your child!

Fondly,

The Willard South Staff